



To Protect, Promote and Prioritize the Health of Our Entire
Community

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DCHD: Social Distancing Needs to Happen

It remains extremely important for Douglas County residents to maintain social distancing and plan to stay home as much as possible while the community continues to address the COVID-19 outbreak, according to the Douglas County Health Department (DCHD).

DCHD on Thursday announced preliminary test results for 13 new positive cases of COVID-19.

The cases include seven men and six women. They are three men and a woman in their 20s and 30s, a woman in her 50s, four men and women in their 60s and two men and two women over 70 years of age. One case resulted from travel while seven cases are from direct contact, two cases resulted from community spread and three cases remain under investigation.

The Health Department reminds everyone to take precautions throughout the community to avoid a COVID-19 infection. You also should consider that many people who are sick have mild symptoms. According to the CDC, four out of five people who have become ill acquired the disease from someone who didn't know they had it.

Please know the symptoms, which include a fever, cough, sore throat, or difficulty breathing. If you have COVID-19 symptoms or develop symptoms, contact your health care provider and tell them how you are feeling and any possible history of exposure, then call ahead before you go to the doctor's office or an emergency room.

DCHD's information line is still open at (402) 444-3400 to anyone with general questions about COVID-19. The number is answered daily from 8:30 a.m. until 4 p.m. Nebraska DHHS has a COVID-19 information line open from 8 a.m.-8 p.m. daily at (402) 552-6645. Any calls outside those hours are handled by the United Way's 2-1-1 Resource Hotline.

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