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Terra Uhing, MS
Executive Director
(402) 704-2254
terra@3rphd.org



Three Rivers Public Health Identifies an Additional Case of COVID-19

Three Rivers Public Health Department (3RPHD) has identified another case of COVID-19. The Saunders County resident is in his 70s and is hospitalized. This case is deemed to be community spread, which means the point of exposure has no obvious origin. As cases continue to rise, the most important public message is that exposures are possible anytime one leaves their home. For this reason, each person must assume the personal responsibility for protecting him or herself from exposure by social distancing and staying home. Locations are not listed unless a high-risk exposure in a high-risk setting has been identified—such as a long-term care facility, jail, or apartment complex. Assume that COVID-19 is present in all of our communities and conduct yourself accordingly. For confirmed COVID-19 cases, the employer and relevant co-workers are directly contacted by public health officials for directions and next steps. Other close contacts, such as household members or other visitors in the home, are contacted directly by public health officials to notify them of their exposure and directions for next steps. If a patient is exposed at a healthcare facility where another COVID-19 patient has visited, the healthcare facility will directly contact the exposed patients and staff members. This is Saunders County's 7th case. This brings the 3RPHD health jurisdiction total to 39 cases.

Please be aware of the COVID-19 symptoms, which may include a fever, cough, sore throat, severe fatigue or difficulty breathing. In most cases, a person will have more than one of these symptoms. Anyone who has COVID-19 symptoms or develops symptoms should contact their health care provider and tell them how you are feeling and any possible history of exposure. Please call ahead before you go to the doctor's office or an emergency room.

For more information about COVID-19 please visit www.threeriverspublichealth.org, <http://dhhs.ne.gov/coronavirus> or call United Way's 2-1-1 Resource Hotline.

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