



To Protect, Promote and Prioritize the Health of Our Entire
Community

For Immediate Release: April 10, 2020

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Support Asked for COVID-19 Mitigation Plan

The Douglas County Health Department (DCHD) wants to remind everyone about three additional key points being emphasized by state and local governments for the next three weeks to help bring COVID-19 under control:

- Help children practice social distancing – play at home and no group sports.
- Help seniors stay home by shopping for them.
- Exercise daily, but do it at home or with proper social distancing.

On Friday the Health Department confirmed 24 new cases of COVID-19 in the county. These new cases involve 12 men and 12 women between 23 and 104 years of age. Eleven of the individuals had contact to a known case, five new cases involve community spread, and that details was not immediately available on eight of the cases. One of the new cases is known to be hospitalized. Douglas County now has seen 222 cases of COVID-19.

DCHD has received 3,189 test results since testing began in March. As of 2:00 p.m. April 10, the positive rate for the past week was 7.9 percent, compared to 7 percent last week and 5.7 percent two weeks ago. There have been six COVID-19-related deaths in Douglas County.

Please be aware of the COVID-19 symptoms, which may include a fever, cough, sore throat, severe fatigue or difficulty breathing. In most cases a person will have more than one of these symptoms. Anyone who has COVID-19 symptoms or develops symptoms should contact their health care provider and tell them how you are feeling and any possible history of exposure. Please call ahead before you go to the doctor's office or an emergency room.

DCHD's information line will be closed on Easter Sunday. The United Way's 2-1-1 Resource Hotline will be available and the Nebraska DHHS COVID-19 information line will be open from 8 a.m.-8 p.m. at (402) 552-6645 on Sunday.

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